

1989 Region 8AA Girls Championship at St Cloud Apollo on Saturday, June 3rd

Teams: Little Falls 80, Alexandria 76, St Cloud Tech 61, Cold Spring-Rocori 56, Brainerd 55, Moorhead 52, Bemidji 45, Fergus Falls 29, Detroit Lakes 18, St Cloud Apollo 17, Thief River Falls 7.

100

- 1 Trina Steffes, Tech 12.36
- 2 Julie Spillum, LF 12.37
- 3 Becky Wilson, Bem 12.65
- 4 Schmitz, Roc
- 5 Tanner, Br
- 6 Calhoun, LF

200

- 1 Tracey Brown, Brain 25.83
- 2 Beth Stone, Mhd 25.96
- 3 Trina Steffes, Tech
- 4 Modahl, Mhd
- 5 Kruta, TRF
- 6 Pearson, Br

400

- 1 Kari Sandman, LF 58.25
- 2 Tracey Brown, Brain 58.97
- 3 Danielson, FF
- 4 Niehaus, Roc
- 5 Heinen, Tech
- 6 Wilde, Mhd

800

- 1 Michelle Danielson, FF 2:20.39
- 2 Steph Bruenning, Alex 2:20.44
- 3 Massman, Roc
- 4 Chenoweth, Mhd
- 5 Morenz, Alex
- 6 Marie Crep, Bem 2:28.79

1600

- 1 Snuffy Alto, Alex 4:59.74
- 2 Steph Bruenning, Alex 5:02.73
- 3 Theraldson, DL
- 4 Joanna Downey, Bem 5:33.93
- 5 Esteland, TRF
- 6 VanAmber, Alex

3200

- 1 Snuffy Alto, Alex 11:27.21
- 2 Ricki Van Amber, Alex 11:31.15
- 3 Johnson, Br
- 4 Ernst, Alex
- 5 Odelius, Tech
- 6 Ramler, Apo

100 Hurdles (33")

- 1 Lydia Kabaka, Tech 15.18
- 2 Jodi Eveslage, Alex 15.34
- 3 Sutton, DL
- 4 Rose, FF
- 5 Kritzberger, Mhd
- 6 Culshaw, LF

300 Hurdles (30")

- 1 Anna Ratzloff, LF 45.28
- 2 Shelly Neu, Roc 46.84
- 3 Kabaka, Tech
- 4 Johnson, Br
- 5 Culshaw, LF
- 6 Swee, Mhd

4x100 Relay

- 1 Rocori 51.43
- 2 Brainerd
- 3 Moorhead
- 4 Little Falls
- 5 SC Apollo
- 6 Bemidji 52.66

4x200 Relay

- 1 Little Falls 1:44.51
- 2 Moorhead
- 3 Brainerd
- 4 SC Tech
- 5 Alexandria
- 6 Bemidji 1:51.8

4x400 Relay

- 1 Little Falls 3:59.69
- 2 Rocori 4:01.67
- 3 SC Tech
- 4 Bemidji 4:11.8
- 5 Moorhead
- 6 Fergus Falle

4x800 Relay

- 1 Rocori 9:46.47
- 2 Bemidji 9:51.11
- 3 SC Tech
- 4 Little Falls
- 5 Moorhead
- 6 Thief River Falls

Shot Put

- 1 Sue Ebbinghausen, Bem 38-1.75
- 2 Chris Langer, Brain 37-0.5
- 3 Berkey, Alex
- 4 Decker, Apo
- 5 Danielle Day, Bem 35-3.5
- 6 Barkhen, Alex

Discus Throw

- 1 Carol Decker, Apo 131-5
- 2 Julie Beneke, Alex 127-1
- 3 Fuchs, Roc
- 4 Shannon Huffman, Bem 119-2
- 5 Wilson, Mhd
- 6 Langer, Br

Long Jump

- 1 Beth Stone, Mhd 18-0
- 2 Lydia Kabaka, Tech 17-3
- 3 Melissa Plante, LF
- 4 Spillum, LF
- 5 Kruta, TRF
- 6 Jensen, Br

High Jump

- 1 Julie Spillum, LF 5-4
- 2 Nicki Kucera, FF 5-4
- 3 Schiller, DL
- 4 Christine Wanous, Bem 5-0
- 5 Cornellison, Mhd
- 6 Kabaka, Tech

* Ties Meet Record

** New Meet Record

Notes: